



MENU

All our meals are freshly cooked. We want to cook your food to the highest possible standard but that takes time. We will be as fast as we can, without being 'fast food'.

For daily specials please see the board.

PGK Breakfast Deal

(9 : 3 0 - 1 2)

A warm artisan baguette and a regular tea or coffee for just £5

Choose your filling: Bacon, Organic omelette strips, or Vegan sausages

White or wholemeal baguette. Tomato sauce or brown sauce available.

Crispy bacon, guacamole and sun-blushed tomatoes

Served on two pieces of sourdough toast with leaves and mayo

or swap the crispy bacon for our vegetarian sausages (vegan)

£7.50

BLT

Artisan wholemeal or white baguette

£4.50

Bacon baguette

Artisan wholemeal or white baguette with chilli jam from the South Devon Chilli Farm

£4

Veggie sausage pitta

Warm wholemeal pitta, two vegetable sausages and tomato ketchup (vegan)

£4

Toasted teacake

with butter or dairy-free spread (vegan)

£2

Sourdough toast

Two slices of sourdough toast and preserves with butter or dairy-free (vegan) spread

£3



– Light bites –

Homemade houmous

served with corn nachos (vegan and gluten-free)

£4

Bruschetta

Two slices of sourdough toast, one with homemade guacamole and one with sun-blushed tomatoes (vegan)

£5.50

Homemade vegan pâté

Ask for today's choice. Served with sourdough toast and homemade red onion marmalade

£6

Side salad

a small bowl of our wholesome salads

£3.50

– Lunches –

For daily salad selection please see the chiller

Homemade soup

with either a warm artisan baguette or sourdough toast £5

with a salad £6

with a salad and either a warm artisan baguette or sourdough toast £7.50

with a filled artisan baguette (two fillings) £7.50

Main course salad

A large plate of our salads alone or with a baked potato or a warm artisan baguette

£7.50



Veggie chilli

topped with Somerset Cheddar (vegetarian) and served with corn nachos, homemade guacamole and sour cream (can be adapted for vegans)
£7.50

Peagreen mezze platter

of homemade dips/pâté/houmous, olives, sun-blushed tomatoes, our salads and a warm wholemeal pitta (vegan)
£7.50

Baked potato

All served with a small salad and any two fillings (see below)
£6.50

Filled pitta

Available in wholemeal or white and served with corn nachos and a small salad (choose two fillings from below)
£5

Filled artisan baguette

Available in wholemeal or white and served with corn nachos and a small salad (choose two fillings from below)
£6

Panini

Served with corn nachos and a small salad (choose two fillings from below)
£6.50

Fillings

Feta (v)	Grated carrot and toasted nuts
Somerset Cheddar (v)	and cumin seeds (vegan)
Bacon	Heinz baked beans (v)
Veggie chilli (vegan)	Homemade houmous (vegan)
Chilli jam (vegan)	Tuna mayo
Homemade red onion marmalade (vegan)	Brie (v)
Homemade sun-blushed tomatoes (vegan)	Homemade guacamole (vegan)
Fresh tomato slices	Fresh onion slices
Mango chutney (vegan)	Cranberry sauce (vegan)
Homemade pâté (vegan)	Leaves

For an extra filling, add £1.

For vegan cheese, add £1.

Ask if you require gluten-free bread (add £1)



Homemade cakes

From £2.50

Please choose from the daily selection which will always include gluten-free and dairy-free options.

Hot drinks

- Espresso single £1.55 double £1.85
- Americano £2.10
- Cappuccino £2.45
- Latte £2.45
- Flat white £2.40
- Mocha £2.65 (made with our dark chocolate flakes and double espresso)
- Decaffeinated available for any of the above.
- Pot of Clipper Fairtrade tea £1.65
- Decaf tea £1.65
- A pot of tea for two £3
- A pot of tea for three £4
- A pot of Redbush, Earl Grey or herbal tea £1.75

Cold drinks

- Coke £1.50
- Diet coke £1.50
- Apple juice £2
- Orange juice £2
- Sparkling apple juice £2
- Sparkling elderflower £2
- Sparkling rhubarb & apple £2
- Luscombe 'no added sugar' range (Blueberry, Strawberry, Vanilla, Damascene Rose Bubbly) £2.50
- Glass of sparkling water £1
- Bottle of still mineral water £1
- Glass of milk £1
- Squash 50p

Hot chocolate made with Belgian dark chocolate flakes, steamed milk and served with a slither of homemade brownie £2.95

Chilli hot chocolate made with dark chocolate flakes, steamed milk or soya and served with a chunk of chilli chocolate £2.95

Please ask if you require a soya milk hot drink rather than the West Country semi-skimmed milk we use.

Alcohol – we cannot sell alcohol yet but you are welcome to bring your own and pay for corkage (£1/person).



About our food

The Peagreen Kitchen uses locally sourced products wherever possible.

Fruit and vegetables from Challices, Totnes, Devon. Most comes from within 20 miles of Totnes.
Keep those food miles down!

<http://www.challices.co.uk/>

Free-range eggs from Orchard Organic Farm, Stokeinteignhead, Devon. A lovely family-run farm, providing wonderful happy eggs.

www.orchardorganicfarm.co.uk

Fairtrade tea and coffee from The Coffee Company (www.coffeecompanytorquay.com)

A family-run business which started life in a garage in Torquay, now based in Newton Abbot.

Apple juice from Bradley's. The family-run farm in Somerset uses traditional methods and makes a great juice. Nothing added, nothing taken out. www.bradleysjuice.co.uk

Sugar-free juices are from [Luscombe](http://www.luscombe.com) Drinks. This well-known, family-run Devon firm produce excellent drinks. You can almost taste the care that has gone into them.

Almost everything is baked by us. Some of our dishes may contain nuts or other allergens. Please let us know if you have a food allergy. Many of our dishes are 'free from'. Just tell us what you're trying to avoid and we can talk you through what's available.

Vegetarians and vegans can rest assured that if we say something is veggie or vegan then it is. We've not cooked it in the same oil the bacon was just cooked in, it's not a cheese containing animal rennet, etc. But please do ask if you want to be reassured. We will not be offended – we want you to care and to be happy!

We also want to know how you felt about your food. Please let us know – good or bad.



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